

23 Sports, Physical Education, Fitness & Leisure Fitness Trainer (SPF/Q1107) SPF/Q1107



Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Class 12 th pass	Fitness and conditioning	Minimum of 1 year	Must have worked in a fitness industry	Minimum of 1 year	Fitness trainer in a fitness center and/or gym	The fitness trainer must be physically fit with good communication skills. The individual must be detail-oriented and attentive.

Trainer Certification	
Domain Certification	Platform Certification
"Fitness Trainer" "SPF/Q1107, v2.0" Minimum accepted score is 80%	MEP/Q2601, V1.0 Minimum accepted score is 80%